Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: KZK

Coachinfo: Warming up from: 08:00 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Decock Maaike

Coaches: Duck Chantal

Coaches: Christiaens Marloes

Coaches: Derumeaux Andrew HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 13: 100M BREASTSTROKE WOMEN 13+ Heat:16, starttime: 09:30

Heat: 16/19 Lane : 6 Athlete: LEMAHIEU LUCIE **Q-time: 01:27:01**

PB (25m pool): 01:27.01 LAGO Zwevegem 25/05/2026 **PB (50m pool):** 01:29.52 **SB:** 01:27.20 Brugge 04/10/2026

	25M	50M	75M	100M	
PB		00:41.27		01:27.01	
	00:41.27		*00:45.74*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M MEDLEY MEN 13+ Heat:9, starttime: 09:55

Heat: 9/14 Lane : 1 Athlete: LEYNAERT ARNE **Q-time: 01:15:83**

PB (25m pool): 01:15.83 Meulebeke 06/04/2025 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	
PB		no time		01:15.83	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11-12 Heat:2, starttime: 10:10

Heat: 2/10 Lane : 5 Athlete: LEMAN POTTER AYDEN **Q-time: 00:49:25**

PB (25m pool): 00:49.25 Brugge 04/10/2026 **PB (50m pool):** 00:54.31 **SB:** 00:49.25 Brugge 04/10/2026

	25M	50M	
PB		00:49.25	
	00:49.25		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: KZK

Event number: 15: 50M BUTTERFLY MEN 11-12 — Heat:8, starttime: 10:15

Heat: 8/10 Lane : 3 Athlete: CALLEWAERT JEF — **Q-time: 00:41:00**

PB (25m pool): 00:41.92 Brugge 04/10/2026 **PB (50m pool):** 00:41.00 **SB:** 00:41.92 Brugge 04/10/2026

	25 M	50 M	
PB		00:41.92	
	00:41.92		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:6, starttime: 10:25

Heat: 6/20 Lane : 7 Athlete: LEMAHIEU LUCIE — **Q-time: 00:39:73**

PB (25m pool): no time **PB (50m pool):** 00:39.73 **SB:** no time

	25 M	50 M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 17: 200M BACKSTROKE MEN 13+ — Heat:7, starttime: 11:10

Heat: 7/9 Lane : 5 Athlete: VICTOR SAM — **Q-time: 02:37:56**

PB (25m pool): 02:37.56 Brugge 04/10/2026 **PB (50m pool):** 02:48.05 **SB:** 02:37.56 Brugge 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:36.63		01:16.63		01:57.75		02:37.56
	00:36.63		*00:40.00*		*00:41.12*		*00:39.81*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 17: 200M BACKSTROKE MEN 13+ — Heat:8, starttime: 11:10

Heat: 8/9 Lane : 4 Athlete: THUYLIE VIC — **Q-time: 02:29:48**

PB (25m pool): 02:29.48 Ettelbruck 19/04/2026 **PB (50m pool):** 02:31.59 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:35.39		01:13.39		01:52.15		02:29.48
	00:35.39		*00:38.00*		*00:38.76*		*00:37.33*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: KZK

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:4, starttime: 11:25

Heat: 4/15 Lane : 2 Athlete: VANDENBERGHE CHARLOTTE — **Q-time: 01:24:48**

PB (25m pool): 01:24.48 Ieper 04/01/2026 **PB (50m pool):** 01:20.12 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:38.79		01:24.48	
		00:38.79		*00:45.69*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:13, starttime: 11:40

Heat: 13/15 Lane : 3 Athlete: VANSTEENKISTE MARILOU — **Q-time: 01:13:53**

PB (25m pool): 01:15.77 Ieper 04/01/2026 **PB (50m pool):** 01:13.53 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:36.36		01:15.77	
		00:36.36		*00:39.41*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:14, starttime: 11:45

Heat: 14/15 Lane : 7 Athlete: VERVENNE MATHILDA — **Q-time: 01:13:12**

PB (25m pool): 01:13.12 Brugge 04/10/2026 **PB (50m pool):** 01:17.33 **SB:** 01:13.12 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:34.85		01:13.12	
		00:34.85		*00:38.27*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11-12 — Heat:6, starttime: 12:00

Heat: 6/11 Lane : 6 Athlete: LEMAN POTTER AYDEN — **Q-time: 01:44:34**

PB (25m pool): 01:44.34 Brugge 04/10/2026 **PB (50m pool):** 01:53.32 **SB:** 01:44.34 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:50.95		01:44.34	
		00:50.95		*00:53.39*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: KZK

Event number: 19: 100M BREASTSTROKE MEN 11-12 — Heat:10, starttime: 12:10

Heat: 10/11 Lane : 1 Athlete: CALLEWAERT JEF — **Q-time: 01:37:29**

PB (25m pool): 01:37.29 Brugge 04/10/2026 — **PB (50m pool):** 01:40.63 **SB:** 01:37.29 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:45.90		01:37.29	
		00:45.90		*00:51.39*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11-12 — Heat:10, starttime: 12:10

Heat: 10/11 Lane : 5 Athlete: DECONINCK LUCA — **Q-time: 01:36:17**

PB (25m pool): 01:36.17 Diksmuide 08/02/2026 — **PB (50m pool):** 01:36.49 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:45.17		01:36.17	
		00:45.17		*00:51.00*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: